

PG Dip CBT

LV 2023

**Continuing Education Strategic Management Board**

Approved by CESMB 04.07.23 and 05.07.23

**Title of programme**

Postgraduate Diploma in Cognitive Behavioural Therapy

**Brief note about nature of change:** Increase in number of assessed recordings for the specialism in Psychosis and Bipolar, routine minor changes

**Location of change in Examination Regulations**

<https://examregs.admin.ox.ac.uk/Regulation?code=pdicognbehather&srchYear=2022&srchTerm=1&year=2022&term=1>

as amended by the Gazette of 12 January 2023

**Effective date**

**For students starting from MT 2023**

And

**For first examination from 2023-24**

**Detail of change**

Text to be deleted struck through, new text underlined

1. The Continuing Education ~~Strategic Management~~ Board and the Oxford Cognitive Therapy Centre shall jointly elect for the supervision of the course a

Standing Committee, which shall have the power to arrange lectures and other instruction.

2. The Postgraduate Diploma shall only be available to those who are enrolled on or have successfully completed the Postgraduate Certificate in Cognitive Behavioural Therapy or the Postgraduate Certificate in Enhanced Cognitive Behavioural Therapy or, at the discretion of the Standing Committee, another postgraduate certificate offered by the Board.

3. The course will consist of lectures, tutorials, seminars and classes on the principle and practice of cognitive behavioural therapy, together with clinical practice in cognitive behavioural therapy. The course is available on a part-time basis only.

4. The policy of the Continuing Education Board on variable intensity part-time postgraduate study applies to this award.

5. Every candidate shall be required to satisfy the examiners in either:

- (a) Papers A1ii), A2 and A3 (the Core papers) and papers as specified for any one specialism listed in the Schedule below; or
- (b) Papers as specified for any two of the specialisms listed in the Schedule below except that Specialism E: Comorbid, Chronic and Systemic Difficulties and Specialism F: Children and Adolescents may not both be offered.

6. Candidates wishing to offer papers for two specialisms may only do so if the Standing Committee is satisfied that they have sufficient prior training and study equivalent to the material studied for Papers A1-3.

7. Written assignments shall be submitted via the University approved online assessment platform by the dates published in the specialism handbook provided at the start of the year.

8. Recordings of clinical and supervision sessions shall be submitted by such means and such dates as are provided in the specialism handbook. Presentations shall be delivered at such times and locations as are provided in the specialism handbook.

9. Candidates who fail to satisfy the examiners in any of the assessments under 5 above will be permitted to resubmit work in respect of the part or parts of the examination which they have failed for examination on not more than one occasion which shall normally be within one year of the original failure. Candidates who fail to satisfy the examiners in any of the assessments under 5 above may supplicate for the Postgraduate Certificate in Cognitive Behavioural Therapy or the Postgraduate Certificate in Enhanced Cognitive Behavioural Therapy provided the requirements for the relevant award have been met.

10. Papers successfully completed for the Postgraduate Certificate in Cognitive Behavioural Therapy or the Postgraduate Certificate in Enhanced Cognitive Behavioural Therapy will be counted towards the requirements for the Diploma provided that the time elapsed since completing the Postgraduate Certificate is not normally more than two years.

11. Where a candidate who has been awarded a Postgraduate Certificate is subsequently awarded the Postgraduate Diploma then the Diploma will subsume the lower award.

**Schedule** Note: Not all ~~papers~~ specialisms may be available every year.

**A Core**

A1 i) (Candidates for the Postgraduate Certificate in Cognitive Behavioural Studies)

One assignment of not more than 2,000 words, based on the theoretical content

ii) (Candidates for the Postgraduate Certificate in Cognitive Behavioral Behavioural Therapy, the Postgraduate Certificate in Enhanced Cognitive Behavioural Therapy, the Postgraduate Diploma in Cognitive Behavioural Therapy and the MSc in Cognitive Behavioural Therapy)

One clinical assessment report of not more than 2,000 words

A2 One clinical recording

A3 One case report of up to not more than 4,000 words

**B Specialism: Psychological Trauma and Personality Development**

B1 One assignment of not more than 2,000 words based on the theoretical content

B2 One clinical recording

B3 One clinical assessment report of not more than 2,000 words

B4 One case report of not more than 4,000 words

**C Specialism: Psychosis and Bipolar**

C1 A research presentation of up to 20 minutes duration based on the theoretical content

C2 ~~One clinical recording~~ Two clinical recordings

- C3 One case report of not more than 6,000 words
- C4 One case presentation of up to 15 minutes duration

**D Specialism: Supervision and Training**

- D1 One assignment of not more than 2,000 words based on the theoretical content
- D2 One supervision recording
- D3 One supervision critique of not more than 2,000 words
- D4 One training report of not more than 4,000 words

**E Specialism: Comorbid, Chronic and Systemic Difficulties**

- E1 Clinical recording I
- E2 Clinical recording II
- E3 Case report I of not more than 4,000 words
- E4 Case report II of not more than 4,000 words

**F Specialism: Children and Adolescents**

- F1 Clinical recording I
- F2 Clinical recording II
- F3 Case report I of not more than 4,000 words
- F4 Case report II of not more than 4,000 words

**Explanatory Notes**