

Continuing Education Board

Approved by correspondence 14 December 2015

Title of Programme

Postgraduate Diploma in Cognitive Behavioural Therapy

Brief note about nature of change: This forms part of a major restructure of the cognitive therapy programme offered by the Oxford Cognitive Therapy Centre and the Department for Continuing Education.

Effective date

For students starting from MT 2016

Location of change

In *Examination Regulations* 2015

Detail of change

Delete from p 976 line 1 to page 978 line 27

And insert the attached.

1. The Continuing Education Board and the Oxford Cognitive Therapy Centre shall jointly elect for the supervision of the course a Standing Committee, which shall have the power to arrange lectures and other instruction.
2. The Postgraduate Diploma shall only be available to those who have successfully completed the Postgraduate Certificate in Cognitive Behavioural Therapy or the Postgraduate Certificate in Enhanced Cognitive Behavioural Therapy or, at the discretion of the Standing Committee, another postgraduate certificate offered by the Board.
3. The course will consist of lectures, tutorials, seminars and classes on the principle and practice of cognitive behavioural therapy, together with clinical practice in cognitive behavioural therapy. The course is available on a part-time basis only.
4. The policy of the Continuing Education Board on variable intensity part-time postgraduate study applies to this award.
5. Every candidate shall be required to satisfy the examiners in the following:
 - (a) Attendance at classroom based sessions including small group case supervisions; and
 - (b) Either:
 - i. Papers A1-3 (the Core papers) and papers as specified for any one specialism listed in the Schedule below; or
 - ii. Papers as specified for any two of the specialisms listed in the Schedule below.
6. Candidates wishing to offer papers for two specialisms may only do so if the Standing Committee is satisfied that they have sufficient prior training and study equivalent to the material studied for Papers A1-3.
7. Written assignments shall be submitted (usually electronically via a specified online submission system) to the examiners c/o Registry, Department for Continuing Education, 1 Wellington Square, Oxford OX1 2JA, for consideration by such dates as the examiners shall determine and of which they shall notify candidates.
8. Recordings of clinical and supervision sessions shall be submitted by such means and such dates as are provided in the course handbook. Presentations shall be delivered at such times and locations as are provided in the course handbook.
9. Candidates may be required to attend a viva voce examination at the end of the course of study at the discretion of the examiners.
10. The examiners may award a distinction for excellence in the examination to candidates for the Diploma.
11. Candidates who fail to satisfy the examiners in any of the assessments under 5(b) above may be permitted to resubmit work in respect of the part or parts of the examination which they have failed for examination on not more than one occasion which shall normally be within one year of the original failure.
12. Papers successfully completed for the Postgraduate Certificate in Cognitive Behavioural Therapy or the Postgraduate Certificate in Enhanced Cognitive Behavioural Therapy will be counted towards the requirements for the Diploma

provided that the time elapsed since completing the Postgraduate Certificate is not normally more than two years.

13. Where a candidate who has been awarded a Postgraduate Certificate is subsequently awarded the Postgraduate Diploma then the Diploma will subsume the lower award.

Schedule Note: Not all papers may be available every year.

A Core

- A1 One assignment of not more than 2,000 words, based on the theoretical content
- A2 One clinical recording
- A3 One case report of up to 4,000 words

B Specialism: Psychological Trauma

- B1 One assignment of not more than 2,000 words based on the theoretical content
- B2 One clinical recording
- B3 One clinical assessment report of not more than 2,000 words
- B4 One case report of not more than 6,000 words

C Specialism: Psychosis and Bipolar

- C1 A research presentation of up to 20 minutes duration based on the theoretical content
- C2 One clinical recording
- C3 One case report of not more than 6,000 words
- C4 One case presentation of up to 15 minutes duration

D Specialism: Supervision and Training

- D1 One assignment of not more than 2,000 words based on the theoretical content
- D2 One supervision recording
- D3 One supervision critique of not more than 2,000 words
- D4 One training report of not more than 4,000 words

E Specialism: Complex Presentations

- E1 Clinical recording I
- E2 Clinical recording II
- E3 Case report I of not more than 4,000 words
- E4 Case report II of not more than 4,000 words