Department for Continuing Education

Approved by CE Board 17 June 2010
By Education Committee 21 December 2010

Postgraduate Certificate in Cognitive Behavioural Therapy for Psychological Trauma

New programme

With effect from 1 October 2011

In Examination Regulations 2010

At p. 1019 after l. 34 insert:

‘Cognitive Behavioural Therapy for Psychological Trauma

1. The course will consist of lectures, tutorials, seminars, and classes on the principle and practice of cognitive behavioural therapy for psychological trauma, together with clinical practice in cognitive behavioural therapy for psychological trauma. The course will be taken on a part-time basis over a period of not less than three terms and not more than nine terms.

2. Every candidate will be required to satisfy the examiners in the following:

(a) attendance at the appropriate classroom-based courses including small group case supervisions;

(b) one essay of no more than 4,000 words, to assess critical appreciation of theory, research and practice on topics provided by course tutors and approved by the examiners;

(c) one written case report of 4,000 to 6,000 words;
(d) one video or audio (-tape or digital equivalent) recording of a therapy session;

(e) close clinical supervision of two 'training clients' as evidenced by a log book of supervised clinical practice.

The essay under (b), the case report under (c) and the audio/video recording under (d) shall be forwarded to the examiners for consideration by such date as the examiners shall determine and shall notify the candidates and tutors.

The audio/video- recording will be accompanied by a written reflective analysis on topics provided by course tutors, and students will also be required to keep a log book to provide evidence of their supervised CBT practice with two 'training' clients by the end of block 4.

3. The examiners may award a distinction to candidates for the Postgraduate Certificate.

4. Candidates who fail to satisfy the examiners in the essay under 2(b), the case report under 2(c) and the audio/video- recording under 2(d) may be permitted to resubmit work in respect of the part or parts of the examination that they have failed for examination on not more than one occasion, which shall normally be within three months of the original failure.'