Department for Continuing Education

Approved by Chairman of CE Board, by correspondence

Postgraduate Diploma in Advanced Cognitive Therapy Studies

Effect of change: to apply the Department’s policy on variable intensity of study

With effect from October 2012

In Examination Regulations 2011

P 1018
Line 24 after “Studies”
Insert: “Old regulations for students registered on the PG Diploma ACTS before 1 October 2012”

P1019
after line 16
Insert: “Advanced Cognitive Therapy Studies (new regulations for students registering on the award from 1 October 2012 and available to existing students)

1. The course will consist of lectures, tutorials, seminars, and classes on the principles and practice of advanced cognitive therapy studies, together with clinical supervision and practice in the supervision and training of cognitive therapists. The course will be taken on a part-time basis.
2. The policy of the Continuing Education Board on variable intensity part-time postgraduate study applies to this award.
3. The minimum period of registration for the award of the Postgraduate Diploma shall be three terms and the maximum period shall be nine terms.
4. Candidates may be permitted by the Continuing Education Board in certain circumstances to intermit for a maximum of six terms. Any such period shall not count to the maximum or minimum permitted period of registration and no fee liability will be incurred during such periods.
5. Where a candidate undertakes a module for credit under Cl 10 below the date of registration for the award shall retrospectively be deemed to be first day of the term in which the module was taken.

6. Every candidate will be required to satisfy the examiners in the following:

(a) attendance at the modules listed below;
(b) attendance at two independent advanced level clinical therapy training workshops;
(c) one video of a supervision session together with a reflective commentary and a written critique of no more than 2,000 words in respect of Module 1;
(d) one written report of no more than 4,000 words covering the design, delivery and evaluation of a CBT training event in respect of Module 2;
(e) one recorded clinical session of a ‘complex case’ together with a written case study of no more than 4,000 words of that patient in respect of Module 3;
(f) one written research proposal of no more than 1,500 words in respect of Module 4;
(g) one written assignment of no more than 4,000 words describing and evaluating the development of a service initiative in respect of Module 5.

The assessed work under (c), (d), (e), (f) and (g), shall be forwarded to the examiners for consideration by such dates as the examiners shall determine and shall notify the candidates and tutors.

7. Candidates may be required to attend a viva voce examination at the end of the course of studies at the discretion of the examiners.

8. The examiners may award a distinction to candidates for the Postgraduate Diploma.

9. Candidates who fail to satisfy the examiners in any of the assignments under 6 c) to g) above may be permitted to resubmit work in respect of the part or parts they have failed on not more than one occasion for each assignment without being required to repeat attendance at the relevant module or modules. The resubmission shall normally be within one year of the original failure.

10. Provided the Programme Committee is satisfied that a student on the award has undertaken equivalent study, of an appropriate standard, normally at another institution of higher education, or has appropriate work experience to an equivalent standard, the Committee shall have the discretion to permit the candidate to be exempted from attendance and the submission of a written assignment in respect of up to two modules. In exercising this discretion the Programme Committee shall have consideration to the length of time that has elapsed since the study or work experience was undertaken.

11. The Programme Committee shall have the discretion to deem satisfactory completion of a module including the associated assessment prior to registration for the award as having met the attendance and examination requirements in respect of that module. Such discretion will normally only be exercised if the time elapsed between commencement of the accredited module concerned and registration for the award is not more than two years. The maximum number of modules taken prior to registration for the award that can contribute to the achievement of the award of the Postgraduate Diploma shall be two.

Modules:
- Module 1. Supervision theory, principles and practice
- Module 2. Training skills, in the context of adult learning theory
- Module 3. Updates in clinical theory, research and practice in Anxiety Disorders and Depressive Disorders
- Module 4. Research methodology and skills for the practicing clinician
- Module 5. Organisational development, particularly as it relates to establishing, maintaining and developing cognitive therapy service

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